## MENU MAI 2022 - ST MAX TRAITEUR

|  | Lait     | Œuf   | Moutarde | MENU MAI 2022 - ST MAX TRAITEUR    Soja   Arachides   Fruits à   Graine de   Lupin   Sulfites   Céleri   Poisson   Crustacés   Mollusques   Giu |            |       |          |          |         |           |       |          |           | Chutan   |
|--|----------|-------|----------|---|------------|-------|----------|----------|---------|-----------|-------|----------|-----------|--|
|  | Lait     | Œui   | Moutarde | Soja  |            | coque | sésame   | Lupin    |         |           |       |          | Monusques | Gluten   |
| Produits / Allergènes                            | T-,      | 9     | 112      | See See   | 000        |       |          | N        | Orașe A | (Ii) (S   | AL ON |          |           | ~/\ e  |
|  |          |       | 4-1      | 218   | 会定         |       |          | TON .    |         |           | V. C  | TOTAL S  |           | 175  |
| Entrées (Avec allergènes et/ou av                | ec as    | sais  | onnement | (s)   |            |       |          |          |         | - Autoria |       |          |           |  |
| Salade composée aldente                          | Ш        |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Coleslaw maison                                  |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Mortadelle / olives Friand au fromage            |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Salade fraîcheur surimi                          |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Taboulé maison                                   |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Cèleris en salade                                |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Rosette / micro beurre                           |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Œuf / mayonnaise                                 |          |       |          | 1 - (   |            | (1)   |          |          |         |           |       |          |           |  |
| Entrées (Sans allergènes / Salade de concombres  | ns as    | ssais | sonneme  | ents (I   | mis a pari | t)    | l l      | ī        | ı       |           |       | ı        |           |  |
| Salade de concombres  Salade de betteraves       |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Salade de tomates / maïs                         |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Carottes rapées BIO                              |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Salade verte                                     |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Tomates au basilic                               |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Salade de riz                                    | ╀        |       |          |   |            |       |          |          |         |           |       |          |           | <b>_</b>   |
| Salade cœurs de palmier/maïs<br>Salade Bressanne | $\vdash$ |       |          |   |            |       |          |          |         |           |       |          |           | <del>                                     </del> |
| Plats chauds                                     |          |       |          |   |            |       | <u> </u> |          |         |           |       |          |           |  |
| Steak haché au jus                               |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Chipolatas grillées                              |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Tomates farcies                                  |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Colin au curry                                   | Ш        |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Tarte provencale                                 |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Boulettes végétarienne<br>Rosbeef                |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Jambon blanc                                     |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Escalope de poulet viennoise                     | t        |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Marmite du pécheur du Chef                       |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Wings de poulet barbecue                         |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Roti de porc au jus                              |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Omelette fines herbes Bolognaise du Chef         |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Poissonnettes fines herbes                       | $\vdash$ |       |          |   |            |       |          |          |         |           |       |          |           | -  |
| Parmentier végétal sauce                         | 1        |       |          |   |            |       |          |          |         |           |       |          |           |  |
| tomate   |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Filet de poisson à la tahitienne                 |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Sauté de dinde aux olives                        |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Accompagnements                                  |          |       |          |   | 1          |       | 1        |          | ı       |           |       | <u> </u> |           |  |
| Légumes grillées au pesto                        |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Purée Mont d'or du Chef<br>Semoule               |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Blé  | H        |       |          | <del>                                     </del>  |            |       |          |          |         |           |       |          |           |  |
| Haricots verts sautés du Chef                    | T        |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Fusilli  |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Duo de choux persillés                           |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Petits pois / jeunes carottes                    |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Gratin de courgettes du Chef<br>PDT vapeurs BIO  |          |       |          | -   |            |       |          | <b> </b> |         |           |       |          |           |  |
| PDT vapeurs BIO PDT sautées maison               | $\vdash$ |       |          | <del>                                     </del>  |            |       |          |          |         |           |       |          |           |  |
| Lentilles / carottes du Chef                     | H        |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Duo d'haricots persillés                         |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Spaghettis                                       |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Ratatouille du Chef                              |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Riz à l'ananas                                   | $\sqcup$ |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Carottes vichy  Desserts                         |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Fromages et Yaourts                              |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Eclair au chocolat                               |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Novly caramel                                    |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Crème dessert chocolat                           |          |       |          | -   |            |       |          |          |         |           |       |          |           | <del>                                     </del> |
| Glace bâtonnet<br>Liégeois au chocolat           |          |       |          |   |            |       |          |          |         |           |       |          |           | <del>                                     </del> |
| Flan patissier                                   |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Choux vanille                                    |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
| Glace petit pot                                  |          |       |          |   |            |       |          |          |         |           |       |          |           |  |
|  |          |       |          |   |            |       |          |          |         |           |       |          |           |  |